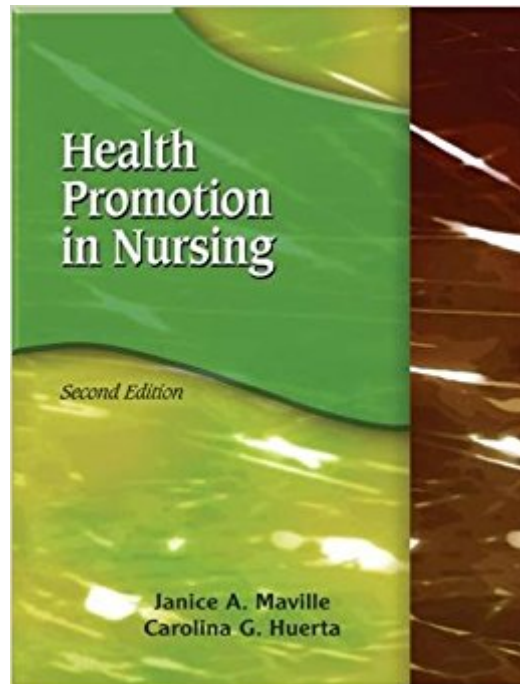




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Health Promotion In Nursing



Synopsis

Health Promotion in Nursing, 2nd edition, offers a unique holistic viewpoint on the importance of achieving and maintaining health and wellness at all stages of life. It begins with an overview of health promotion concepts, nursing theories, and life span considerations. Organized within a biological, psychological, social, and environmental framework, Health Promotion in Nursing examines all aspects of health & wellness, focusing on the community and individual. This second edition also devotes attention to technology and its influence on health and wellness. Fundamental areas of health promotion such as nutrition, physical fitness, weight control, cultural sensitivity, and avoidance of substance abuse are covered in depth. Health promotion nursing strategies are highlighted as appropriate in the care of individuals, communities, and groups.

Book Information

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Adolescent and the Young Adult 12 Promoting Health in the Middle-Aged Adult 13 Promoting Health in the Older Adult Section IV: Health promotion Strategies and Interventions 14 Promoting Health through Nutrition 15 Promoting Health through Physical Fitness 16 Weight Control as a Strategy for Health Promotion 17 Tobacco, Alcohol, and Substance Abuse

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Fantastic and excellent

Hate to say it, but the information is better than the new and improved 3rd edition. Great book for all RNs to have in their professional library.

I needed this book for Nursing school this August so I wanted to give myself plenty of time to receive all my books. It was shipped and received within 4 business days! Wrapped up tight and in NEW condition as described. Saved me a few bucks from the bookstore prices and every buck counts. Thanks!

OK, if this book were \$20 it might not be so bad, but really at list of \$103. And paying \$60 something for a book described as newish covered with highlighting and underlining. Offering tips like wear a seat belt and chocolate doesnt cause acne???? Really, the few pictures in the book look like they were taken by the authors themselves. I dont mean to demean the people who obviously put alot of work into creating it, but if your school MAKES you buy, well you have been warned.

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